



Notes from the Nurse

JULY, 2018

School Nurse Contact Info:

Lori Grooms, BSN, R.N.
Clinic Direct phone: 587-5478
Email: lcgrooms@okcps.org
Mondays, Tuesdays,
Thursdays, and Fridays

HEALTH CONDITIONS

All students need a current Health Information form each school year. Those with any chronic health condition, including asthma, diabetes, seizures, or other medical diagnoses, or food allergies—especially those requiring emergency inhalers or Epi Pens (epinephrine)—should have a current medical management plan on file at the school. Also, please complete a new medication permission form for the current school year.

****Medications****

Students are **not allowed** to be in possession of any medication (including over-the-counter) at school—with the exception of emergency medications such as inhalers for asthma, and auto injectors for allergic reactions.

All medications—including over-the-counter—require written permission from the health care provider *and* parent. Please be aware--specific sections must be completed to allow students to carry and administer their own (emergency) medication.

**A new permission must be completed each school year. Forms are available in the clinic and office. Please contact the nurse for any assistance needed.*

Tdap vaccinations

ATTENTION 6th AND 7th GRADE STUDENTS/PARENTS:

ALL STUDENTS ENTERING THE ***SEVENTH*** AND HIGHER GRADES ARE REQUIRED TO HAVE ONE DOSE OF TDAP VACCINE FOR SCHOOL ENTRY.

DURING 6TH GRADE: PLEASE FORWARD DOCUMENTATION OF THE VACCINE TO THE SCHOOL AS SOON AS IT IS ADMINISTERED.

****Please contact the nurse with any questions.**

Immunization Information Oklahoma City-County Health Dept. Locations

OCCHD Gary Cox Partner Building
2700 N.E. 63rd St. Oklahoma City, OK 73111
(405) 419-4200

South Regional Health and Wellness Campus
2149 SW 59th, Suite 104
Oklahoma City, OK 73119
(405) 419-4119

OCCHD - West Clinic
4330 NW 10th Street
Oklahoma City, OK 73107
(405) 419-4150

Hours for all: Mon- Thurs 8am-4pm & Friday 8am-2pm



EYE EXAMS

The American Optometric Association recommends eye exams at least every 2 years for school-aged students. Those children considered at risk for the development of eye and vision problems may need additional testing or more frequent re-evaluation. Details on risk factors can be found on the AOA website. The school nurse can provide *vision screening* on a parent's request; however, a vision screening can't be relied on to provide the same results as a comprehensive eye and vision examination. There are resources available for any parent needing assistance paying for an exam or glasses. Please contact the school nurse for information, or if you have concerns about your child's vision.

~CPR Requirement~

Oklahoma requires training in CPR with hands-on practice including instruction on the use of an AED (automated external defibrillator) for graduation. Many seniors have completed the requirements. Once completed, we will proceed to offer training for juniors. Instruction will be available on several dates. Students should contact their advisory teacher or the nurse for details.